

Spirituality is a Light from the Mirror of the Soul

Ural Murodovich Abilov

Professor of Tashkent Medical Academy

Mamarasulov Bakhridin Shakasimovich

Associate Professor of Samarkand State University

ABSTRACT: Spirituality is a ray of light emanating from the soul's secret mirror in the human heart.

KEYWORD: Museology, fund, Stars museum, Virtual museums, market, marketing, global, idea, buyer, 3D format, IT technology, cmu.uz, the platform roundme.com.

High technologies have emerged in various fields of science throughout human history, human thinking has radically changed, a new system of communication and communication has emerged, the scope of receiving and transmitting information has expanded, and the speed of information exchange has accelerated.

When it comes to man's spiritual condition in the complicated information age in which we live, it is a historical fact that everyone who thinks about and understands his destiny, first and foremost, every nation, must pay attention to spirituality. Because no one or no power can subjugate a spiritual person, a nation, a state, or a society founded on spirituality will not decrease.

Any group or nation's spirituality cannot be conceived without their history, distinctive rituals and traditions, and life values. Spiritual heritage, cultural treasures, and ancient historical monuments are, of course, among the most important aspects that benefit society and people. As a result, studying our rich spiritual history – our literary, creative, scientific books, and works of art – is essential.

In this regard, the Resolution of the President of the Republic of Uzbekistan on August 14, 2018 "On measures to bring up young people spiritually, morally and physically harmoniously, to raise the education system to a qualitatively new level" In order to further improve the work on the upbringing of the younger generation, to raise the quality of education to a new level in terms of content, to increase the prestige of the teaching profession, also, it should be noted that in accordance with the Action Strategy for the 5 priority areas of development of the Republic of Uzbekistan for 2017-2021, the "Comprehensive Program of measures to raise the spiritual, moral and physical development of youth, raising their education to a qualitatively new level".¹

¹Resolution of the President of the Republic of Uzbekistan "On measures to bring up young people spiritually, morally and physically harmoniously, to raise the system of education to a qualitatively new level." - Official website of the President of the Republic of Uzbekistan, May 23, 2017, <http://www.president.uz/uz/lists/view/966> 1/4

Spirituality is the creative power in man, and if man succeeds in awakening and activating this power, there will be a powerful opportunity to carry out all the glorious plans.

It's also worth noting that a person's social standing is decided by his high spiritual image rather than his worldly wealth. Our people have a long history of spirituality and culture, as well as education and parenting, and have ingrained universal values like humanity, patriotism, camaraderie, diligence, kindness, brotherhood, and humility in the younger generation for generations.

We should be proud of our past and our great people!

Our forefathers, such as Imam Bukhari, Imam Termezi, Ibn Sino, Abu Rayhan Beruni, Amir Temur, Mirzo Ulugbek, Alisher Navoi, and Zahiriddin Muhammad Babur, made significant contributions to mankind's progress, particularly the advent of science, spirituality, and enlightenment. The beautiful historical monuments built under the guidance of the Temurids and Baburids continue to astonish people all over the world as shining examples of our people's ingenuity, a mirror of their spirituality.

Spiritual propagandists have a simple and important goal: to instill the above-mentioned human feelings in the hearts and brains of our people, and to ensure that noble traits prevail in our society. In carrying out the clergy's work, conferences, meetings, and dialogues on "Issues of carrying out activities on the Five Important Initiatives" are particularly important.

No matter what field we work in, we must have high spirituality, our hearts must be full of beautiful human qualities! Only then will we have meaning in our lives, leave a good name and high spirituality, and thus create a wide range of opportunities for future generations.

I am certain that each of us who identifies as an Uzbek and considers this to be my motherland has every opportunity to live and work toward this objective, to work as a qualified specialist in our field and to create possibilities for ourselves. It necessitates that we continually remember and adhere to the fact that each of our activities and desires is one of the most important conditions for achieving our objectives!

Spiritual renewal and the development of the state language are the prospects of the third renaissance

There are many countries in the world today that have a population of one nation, but of different nationalities, ethnic groups, peoples, and ethnic groups. This includes Uzbekistan, which has a population of about 120 nationalities. Naturally, the social, political, spiritual, cultural way of life and development of a multinational state will be unique. So, how is the spiritual and cultural commonality and originality of interethnic relations in Uzbekistan expressed and on what basis, is there a need for renewal in this area? Questions like these are definitely of interest to many. Different nationalities and cultures, nationalities and spirituality are compatible concepts. There is no nation without spirituality. Everyone should feel it. Most importantly, the citizens of Uzbekistan have full opportunities in this regard.

Today, more than a hundred national and cultural centers operate in Uzbekistan on a community basis. They work in cooperation with the International Cultural Center of the Republic and have their own charters, programs and work plans. It is safe to say that the process of renewal, bleaching, unification around a single Motherland through national cultures, the manifestation of commonality and individuality should be the main driving force of the Third Renaissance in our country, and it is known from the historical experience of nations and countries.

At the current stage of development of society, it is natural that our country, as a country on the path to full economic and political stability, in turn, requires spiritual renewal. After all, as long as any

society does not have its own national-spiritual image, it will not have a place in the world community.

One of the factors in the development of national culture and its rise to the level of national culture is, first of all, the education and enrichment of people's devotion to the Motherland, as well as the strengthening of the national language. Devotion to the motherland is equal for all who live on this land, who were born and raised in this land, regardless of their nationality. In what field and to what extent a person shows his devotion to the Motherland, to what extent he contributes to the social development of the Motherland, in many respects is directly related to his abilities, skills, ideology, worldview and knowledge.

In this regard, the use of educational methods that strengthen the sense of patriotism in all nations, especially non-indigenous peoples, regardless of their nationality, for example, in multinational institutions reflecting and glorifying the history, customs, traditions, opportunities and future of our country. It is natural that the events will have a positive effect. In addition, the most important rights guaranteed by the Constitution of the Republic of Uzbekistan are: the fruits of their labor, confidence in a happy future, peace in the family, leisure time, the full satisfaction of spiritual and cultural needs. They are the factors that further increase the love for the motherland. This is especially important in instilling in the minds of young people a new approach to national spirituality, respect.

Therefore, the spiritual upbringing of the children of Uzbekistan at the level of world standards, based on our national characteristics, bringing them to a physically healthy adulthood is an important part of spiritual renewal. In this regard, it is necessary to learn the language today, to develop respect and responsibility for the state language as a citizen of this country, which is the basis of our national spirituality, to use the opportunities of new, modern, world culture and technology with a creative approach to the spiritual heritage of our ancestors. In this direction, the participation of not only public education and cultural organizations, but all members of society is necessary. If necessary, it is necessary to organize direct conversations of governors with the people on spirituality and enlightenment, to intensify the broad propaganda work on television, radio and the media in general. At the same time, the task of the local media is to increase the diversity of the speeches of the leadership, which demonstrates its solidarity with the people in the spiritual and educational spheres, to convey to the public in detail its real and vital aspects. In our view, if the mayors of cities and districts set an example and start the spiritual renewal on their own, it is clear that the goal will be achieved more successfully. Because, figuratively speaking, "a person who does not know how to swim cannot be a sailor by working on a ship."

The urgency of the problem of spiritual renewal today is determined by the fact that a brighter manifestation of the level of national cultures will inevitably lead to the growth, complementarity and enrichment of interethnic cultures.

It should be noted that thirty years have passed in our country, but there are still some manifestations of the "national culture", which is typical of the former Soviet Union. **Obviously, this needs a complete overhaul.** But for thousands of years it has been the basis of our national spirituality as a value, and there are spiritual directions that are unique to this "specific" nation, which can absorb not only renewal, but also bleaching, creative enrichment, harmony. That is why it would not be right to treat all of them in the same 'renewal' attitude.

Today we need a concrete approach to the objects of spiritual renewal of society. After all, each object of renewal has its own characteristics in one way or another. In our opinion, if the spiritual renewal started first of all from libraries (although, frankly, a lot of work has been done in this regard), it would be of great benefit to the education of our youth today. At that time, our young

people were not «poisoned» by some nonsense written in the Soviet era, based on «socialist realism.» Our experts realized that this movement should begin, first of all, with textbooks from schools and universities. However, it is unfortunate that some new Soviet-style textbooks are still used in educational institutions (the cover has changed, the content has not changed, but it is too age-appropriate for the student). The book is one of the first necessary partners in the formation of the individual as a person. It constantly enriches a person for a lifetime. That is why the process of spiritual renewal requires a greater focus on libraries.

The world intellectual community pays special attention to the scale of each country's «national library», which is rich in international information and is a spiritual treasure of the country.

It is known from history that as a result of the enrichment of the book fund in their libraries, increased attention to readers, the prosperity of the created states, or, conversely, the destruction of books, the people faced a spiritual crisis. It is well known that any violent invaders and the forces that want to rule our country, in order to achieve their evil intentions, first of all, try to destroy our national culture and traditions, thereby weakening us spiritually, losing our power.

There are different opinions about the state language on social networks. One of them, from the United States in Uzbekistan, is making an unfounded claim to give Tajik the status of the second state language in Uzbekistan. The same can be said about the Russian language.

It should be noted here that there is an indigenous nation named after the State and its national language. Other fraternal nations also have similar national languages. In many, where most state languages are bilingual or trilingual, languages have no similarities and history has shown that this is done in order to expand the possibilities of doing business in a multilingual state. Although the majority of the population of Uzbekistan speaks their national languages, they are able to understand each other and there is no reason to increase the number of state languages.

Most of the "initiators" who offer multilingualism are those who have left the country to live abroad for some reason. For example, Mr. from Tajikistan, who had a reputation for working at Samarkand State University and whose work has not been subjected to any pressure, and whose proposal to change the status of Tajik as a second state language in Uzbekistan from the United States for centuries. as an attempt to sow discord between the beloved Tajik and Uzbek nations. After all, there is a state called the Tajik nation, and in that country about half of the population is ethnic Uzbek.

The hadith says, "Language is the mirror of the nation." It is known from the past that the state language is the basis of the spirituality and development of the existing society. In this regard, the state language is the basis and key to the unity of the peoples of our multinational country and the development of our society.

The process of renewal and creative development of national spiritual and cultural values should not take place by blindly forcing it on other nations. On the contrary, holding events aimed at cultivating and creating mutual respect for the harmonization of local folk culture and national cultures of other peoples, for example, the implementation of various national holidays, ceremonies, traditions, customs, demonstrating the diversity of local people's spiritual and cultural activities more and more widespread application, we think, will give only positive results. Activities for the development of the native language, culture and traditions of other nations and peoples: Tatar «Saban toy», «Sayl», Kazakh «Aytis», Russian «Maslennitsa», Jewish «Hanuka», «Purim», Korean «Oval- Holidays such as «Dano» and «Nansik», as well as the celebration of national holidays, are one of the unique factors in the further development of the national culture of our country and its recognition in the world.

In the process of spiritual renewal, the effective use of various visual aids: books, color magazines, dictionaries, photo exhibitions of ceremonies and ceremonies, theatrical ceremonies can also be very effective in fostering a sense of respect for local traditions and religious values. It is also a good deed to increase the participation of other nationalities in national weddings, ceremonies and celebrations.

The process of renewal is aimed at inspiring the national theater, cinema and sports, art, local folklore, national traditions and customs among all nationalities, including non-indigenous people. It can also be revived by deepening the features of the time by adding nationalism. The traditional national sports festival in Forish district of Jizzakh region, the events held in Surkhandarya, Kashkadarya and Fergana valleys with the participation of the majority of ethnic groups, competitions among young people in singing and other competitions.

The above-mentioned considerations are just a series of ideas about the third renaissance period - the factors of the process of spiritual renewal, the further development of the state language, and ways to implement it. It should be noted that the Uzbek people have a great future ahead in the social, political, cultural and spiritual spheres, the state language and all other areas. In this process, spiritual renewal, the development of the state language, along with other key areas of social and economic development, has the unique opportunity to demonstrate its sustainable and national characteristics.

References.

1. Congratulations of the President of the Republic of Uzbekistan Shavkat Mirziyoyev to the participants of the Samarkand Forum on Human Rights "Youth - 2020: Global Solidarity, Sustainable Development and Human Rights": <http://uza.uz/oz/politics/yeshlar-2020-global-mi-yesdagi-birdamlik-bar-aror-tara-iyet--12-08-2020>.
2. Мамарасулов, Б. Ш. (2018). Субстанциональное значение в национальной идее. In Результаты фундаментальных и прикладных исследований в России и за рубежом (pp. 5-9).
3. Mirziyoyev Sh.M. Ensuring human interests and rights is the basis of a democratic society // Himself. The consent of our people is the highest value given to our activities. Volume 2 - Tashkent: "Uzbekistan".NMIU. 2018. – p.252.
4. Мамарасулов, Б. Ш. (2018). A substantial value in the national IDE. In Актуальные подходы и направления научных исследований XXI века (pp. 33-36).
5. Taylakova Sh. "Improving the spirituality of students and youth through the media (on the example of television, radio and Internet)". Pedagogical Sciences Dr. diss. - Tashkent., 2018.
6. The role of legal education in the formation of the legal culture of student youth. - <http://fikir.uz/blog/TKTI/16605.htm> 14 November 2017.
7. Мамарасулов, Б. Ш. (2013). ПРОБЛЕМА ДУХОВНОГО ИДЕАЛА ЧЕЛОВЕКА В XXI ВЕКЕ. Вопросы гуманитарных наук, (2), 29-30.
8. Alimov K., Bakhramov A. Modern information technologies in the educational process. – Tashkent .: Teacher, 2001.
9. Proceedings of the international conference "Education of a highly educated and intellectually advanced generation - the most important condition for sustainable development and modernization of the country." - Tashkent, 2012. Technologies for protection against information and psychological attacks. Educational-methodical complex. - Tashkent .: National University of Uzbekistan., 2014. –p.346 .

10. The national system of training highly qualified personnel is an important condition for the development of Uzbekistan // Proceedings of the Republican scientific-practical conference (Tashkent, May 27, 2013). - Tashkent.: NURU, 2013. p.392.
11. Gulomov S. et al. Information systems and technologies. –T .: Shark, 2000. P.46 .; Erkaev A. Globalization, information crisis and popular culture. - Tashkent. 2009. –P. 18.
12. Proceedings of the international conference "Education of a highly educated and intellectually advanced generation - the most important condition for sustainable development and modernization of the country". –Tashkent, 2012.
13. Prevention of the negative impact of low-level "mass culture" in the upbringing of a harmoniously developed generation. The text of the report // Team of authors. - Tashkent., 2013.
14. Mukhtorov A. The harmony of national ideas, needs and interests in the upbringing of the individual. - Tashkent: New Age Generation., 2003.
15. Law of the Republic of Uzbekistan "On State Youth Policy" in the new edition. Collection of legislation of the Republic of Uzbekistan, 2016 , No. 37, Article 426.
16. Mamarasulov B. SUBSTANTIAL MEANING IN THE NATIONAL IDEA / Electronic resource. <https://www.elibrary.ru/item.asp?id=36748306> (application date 25,02,2022 .)
17. Sobirovich, M. I. (2021). A Word in Dichotomic Aspect. European Journal of Life Safety and Stability (2660-9630), 11, 67-69. Retrieved from <http://ejlss.indexedresearch.org/index.php/ejlss/article/view/196>
18. Sobirovich, M. I. (2022). Results of Consistent Classification of Lexemes. Middle European Scientific Bulletin, 24, 325-328.
19. Abilov, U. M., Xudayberdiev, A. K., & Shakasimovich, M. B. (2022). Issues of Improving the Information Culture of Young People in New Uzbekistan. Middle European Scientific Bulletin, 24, 37-46.