

Freedom: The Substance of Man's Existence

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ABSTRACT: Freedom, which is the power or right to act, speak, or think as one wants, is the substance of existence and existence is freedom! To exist is to be free and to be free is to exist! Freedom is a person; an evidence that you are a human being! If man's freedom is endangered by anything, he turns be a beast of burden! Are you not aware that freedom is what gives man his headship position in the animal kingdom? This headship position made the creator of the universe after creating man to say: "Be free and dominate." The creator is aware that anytime He tampers with human freedom, man ceases to be man but a beast of burden. If the creator of the universe cannot tamper with man's freedom, who else will be allowed to infringed on it. Nothing has any authority to come near to man's freedom! Taking the concept of freedom to another level, it means success. Man is said to be successful only when he can look at himself and said "I am free!" Many things are really fighting against man's freedom such as: his limited beliefs about himself, his past, other people's judgements about him, money, relationship, power consciousness etc. Man, these are things you are meant to rule over, never allow them to rule over you! Take charge, be in control and emerge as a star! This work is a masterpiece that tries to let man know that the creator made him to be whole (to be free). Though man may have been broken by his past limited beliefs, people's judgements about him, his past, his relationships, money, and power consciousness but after going through this work the reader will definitely be made whole again to manifest and rule his world. Hence, in freedom are wealth, health, dignity, peace, creativity and innovation.

KEYWORD: Freedom, Existence, Substance, Relationship, Money, Belief, Vision, Innovation.

Introduction

Who do you think you are? May be that little boy that was born and grew up in that small village that has no place in the map of the world! It is also possible that you think you are the son of that poor, slave, haggard man who cannot feed himself and his family! If possible, too, you think you are that poor uneducated boy/girl that couldn't finish college education! Yes, that is what you have seen and told that you are! Really, it has entered into your subconscious mind and has formed the beliefs you have been working with all the while! This, I know, has given you the poor image you have about yourself which has thrown you into a psychotic-problem of inferiority complex. This is the prison you have been into; if possible, for many decades now! Your limited beliefs have really robbed you of your greatness! You should have been blessing the world with your wonderful creative and innovative talents but to no avail!

My question to you is this; do you think that your case is closed and that you will amount to nothing in the world again? No, I know who you are; your view about yourself is an error that has eaten deep into your

subconscious! This has made you to hold unto this erroneous belief, “I am a poor fellow, I have done bad in the past, people judgement about me is true, my relationship is what determines my what.” Get up; let’s see you from the rational view; from your creator’s intent and intention! According to Aristotle in his concept of entelechy, each thing possesses a power to become what its form has set as its end (Stumpf 1994:93). You are a potential being, meaning that you were created with the power of “becoming.” You were created with the capacity to evolve! Each time your new self comes out! What you were yesterday is not you today and what you are today will not be you tomorrow. For this reason, you don’t rate yourself today by what you were yesterday, for you are a being of impossibilities. You can do all things through the inert power that is at work in you. Hence, Chukwu and Okoroafor (2023:53) have it that each person’s work is masterpiece, it cannot be duplicated. It is called the power of creativity which is unique to each individual.

If you are a being of inert ability; where did your limited beliefs come from? It came from what I call “environmental virus.” This virus comes as a result of negative influences around you and negative words you hear and accept to be true. Know it today, that you are a man of unlimited possibilities. You are a being of magical powers; who they think you are is not you! Wake up; take your place and continue to reign, for you are called to be a blessing to the whole world. You are created to be free! Be free so as to act and realize your full potentials! See yourself as free as air! Have the mind-set that nothing can stop you; that everything is possible and that you can become anything you want! Free yourself from religious, traditional and civil laws that try to hold you back from becoming who you were meant to be, for laws are meant to be catalyst that helps in man’s self-realization and not the other way round. It is true that for the society to be at peace there must be laws, but it must not be to the detriment of self-realization. I want you to look into your religious, traditional and civil laws to ascertain whether they are doing its work of self-realization or otherwise. If otherwise, I encourage you to discard them immediately for you have no apology to render than to be the best version of yourself and rule your world. You were created with the capacity to evolve, each time your new self comes out (Okoroafor 2021)! What you were yesterday is not you today and you today will not be you tomorrow. For this reason, you don’t rate yourself today by what you were yesterday, for you are a mystery of impossibilities. Therefore, be free from your past, be free from other people’s judgement, be free from money, and be free from relationship.

Freedom from Your Past

What are those heavy loads you are carrying on your back for a while now, which have robbed you of your happiness and if possible have really put your health on a point of no return or are about to? Get them off your shoulder my dear! They are not for you to carry; they were the loads forced on you by the tyranny of your ignorance. Is possible you may not understand that they are the loads of your ignorance, for you have many good and rational reasons why you should carry them, but one thing is certain, they not for your good. These loads are in form of the followings:

1. Regrets of past mistakes
2. Regrets of missed opportunities
3. Malice from past hurts
4. Regrets from past dirty lives

1. Regrets from Past Mistakes

That you made a mistake does not mean you are a failure, is simply a way of nature telling you that there is a better way of doing it (Oprah Winfrey). Mistakes are natural to man. It is the main thing that shows that you are human; it is the way nature has designed to perfect the actions of men. What are the past mistakes that are now hunting you? Get up! The universe used it as a means of training you! The universe is invariably

showing you another way of doing it better. Don't quit because you failed the first, second, thirdtenth time. Stand up now, move and try again; even if you fail again, try again and again; certainly, you will win. Life does not want you to be half-baked that is the reasons you are failing all the while. Nature designed these trying moments so that you will be perfect for your heavenly father is perfect (Matthew 5:48). Life not only wants you to win, no, she wants you to win with style, through trials, tribulations and character building (Myles Munroe).

Where did you make the mistake? Is it in your business? Hence, your money has gone! Don't sink in despair, get up; clean up yourself; you will believe with me that you now know a better way of doing business. How many times did Thomas Edison fail in his attempt to produce electric bulb? History has it that he failed for 9999 times until on the 10000 times he finally struck the deal and invented the light bulb which made him a historical monument. If you were him, I believe you will even quit on your 3rd attempt. When he was asked "What is it like all those times you were failing? He answered, "I never failed, is only that each time I was shown how to do it better (Encyclopedia Britannica: Thomas Edison Biography)."

Mistake is just an act of experiment. Experiment until you get the best version of yourself. When you fail, pick yourself up, brush yourself off and keep moving forward. You will get another chance to get it right tomorrow. And no matter how many mistakes you have made or how slow your progress seems; you are a lot farther ahead than those who aren't trying or who gave up the first time they fell (<https://livepurposefullynow.com/dealing-with-mistakes/>). Remember, is possible that this mistake may be on your area of vision. In fact, making mistake on this area must happen because Life wants you to leave the best legacy before leaving the planate earth. You must make series of mistakes to really get a masterpiece. You see, making mistake is a blessing; not a curse, so be happy and be free. Whenever you made a mistake, know it that a better version of you is about to come out.

2. Regrets of Missed Opportunities

You have been in agony for days and months now; if possible, for years, just because of one thing you thought was an opportunity you missed. Anytime you start to mutter these words "I wish I went to school when I was told! I wish I married that man, that woman! I wish I accepted that business offer! I wish I married on time, I wish, I wish" know it that you are knocking at the door of poverty, insanity and all manner of sickness. This "I wish" must have robbed you of your joy, happiness and glorious future. You are probably living in this "I wish syndrome" because you were told that opportunity comes but ones. But know it that opportunity comes every day. There is a better opportunity every day!

Those things you are every day regretting abound more in the future. Grab them and colour your life with peace. There are opportunities to go back to school! There are still more good business opportunities! There are more open doors to enter for good relationships! There are still great opportunities to move into your dream job!

Listen; there is a secret I want to unveil to you.... the law of gratitude! The more you sound negative all the time; complaining and narrating all your woes, the more you attract negativity all around you. This is because negativity makes you afraid and fear connects you to your objects of fear. What you fear all the time comes to you. When you live with the philosophy of counting all your blessings and viewing life with the lens of positivity and with the affirmation "Thank you God" in all situations, you will start seeing the magic of abundance in your life. Hence, according to Rhonda Byrne (2012:32), "Be grateful for your home, your family, your friends, your work, and your pet. Be thankful for the sun, the water that you drink, the food that you eat, and the air that you breathe; without any of them you wouldn't be alive." Be free, opportunity does not come once, it abounds all around you all the time!

3. Free from the Malice of Past Hurts

There is no guarantee in life that you will live where people's actions and influence must match what you want and admire. No, every person in life has a unique concept about life which you may not like or admire. Have you not heard about the concept of temperament which says that every person coming into this planet earth has a unique character trait through which he/she acts and sees the world? Your temperament is different and mine is different too. Sometimes my character may infuriate you and yours may infuriate me too. The question is this, should one go around carrying bags and bags of all the annoyance that people's actions are offering him? No, is just an offer made to him and he free to accept or reject. The admonition is to reject them. Why? Because they are detrimental to one's joy, happiness and health and will even rob you of your vision in life. One funny thing about this act of bearing malice is that sometimes the person you are bearing malice against may not be aware of it. Now is time to free yourself from these heavy loads you are carrying. Remember what is said earlier in this work, that each person acts from his temperament and is possible he/she is not aware that he/she is hurting your feelings. One word to you is, ignore, tolerate, for everyone is living in his own world! He will never understand you and you will never for one day understand him too.

4. Freedom from the Guilt of Past Dirty Lives

There is one law of the universe that I love most and that law is---- the Law of Old and New. In life there is always the law of old and new version of anything. There are old days and new days, old school and new school, old house and new house, old cloth and new cloth etc. What makes a thing old or new is the look and the look is as a result of whether is the thing clean or dirty. Whatever is clean must be dirty and whatever that is dirty must one day be clean based on the actions of men. There is no way you will live in a house without dirtying the house, either willingly or unwillingly. There is no way you will wear a cloth without dirtying the cloth, willingly or unwillingly. Once a house got dirty, it will certainly look old, become untidy and will not be conducive to live in. If the house was too dirty before you leave for work in the morning, It is even possible that you will not like to come back to the house that day and will prefer branching to your friend's house to pass a night only to come back early in the morning to start cleaning everywhere. After the cleaning up exercise, the house is now new again and then you will be happy, relax and sleep. This time you are careful not to dirty the house again but if mistakenly you do, you will clean it up immediately.

This is exactly what happens in human life. Is possible that your life has gotten to a point that the dirtiness has made you to run away from your real self, that is, you are no more comfortable with yourself. This may be as a result of bad life style you have been living in the past, ranging from sexual immorality, stealing, lying, fighting, cultism, drug abuse etc. Possibly this has hanged you up. Maybe you have gotten one sickness or the other or possibly you are now in prison custody, which has ended in you being frustrated and depressed; if possible, you wish you were dead. To look up to heaven to see your creator, you can't, you are ashamed of yourself. Possibly, also, when you remember that you have a glorious vision to pursue which is now at stake, you feel the worst of yourself!

My word to you is this--- you are still beautiful and elegant; the only problem is that your house is dirty which at this moment cleaning-up exercise has started. Your new version is about to come out for celebration. Whatever religion you belong to, there is only one Source; you can choose to call it God, Jesus Christ, Allah, Universe, Infinite intelligence, Omega point etc. For instance, are you are Christian, look up to Jesus and from the sincerity of your heart say, "I am sorry" and that ends it. It may look very simple and you may say, is that all; the negative voices may say, "who told you that is all" can't you remember all those great crimes you committed? Don't listen to those voices; Jesus has taken your place of suffering; he is now your righteousness and your new identity (Ephesians 5:8-9)! Stop suffering your memory for you have a friend who lives in your past, present and future. He is in your past repairing all the wrongs you have done, in the

present to console you and in the future decorating a good place for you. Believing in Jesus not on your works makes you clean “For are you saved not by works but by grace through faith in the death, burial resurrection and ascension of Jesus, lest any man should boast (Ephesians 2:8-9). Your own is to enjoy your present. Remember you cannot bring back the past neither can you know the future, your own is to live in the present and allow Jesus to take care of your past and future for that is His domain so that you can have your peace.

As you say “Am sorry” with all your hearts and accept Him as your father, Jesus will reply “Is over, go and sin no more (John 8:11).” Are you in prison, your release is just on the way! Are you suffering from any sickness, your healing is assured. A word to you is, “Never for any reason remember or feel your past for you Master (Jesus) is in your past rebuilding every broken walls. Just focus on your glorious present and future for you are free to manifest!

You have no time! The destinies of this nation are in your hands! Free yourself from your past! You are not a finished product! The best version of you will continue to manifesting all the time! What are the past mistakes that are now hunting you? Get up! The universe used it as a means of training you! The universe is invariably showing you another way of doing it better.

Freedom from other Peoples’ Judgements

Passing Judgement is to express an opinion (dictionary.cambridge.org). The opinions of yourself often are not true. Sometimes your opinion about yourself comes from cultural errors you accepted from your community which were built on poor sense of reasoning. This is to say that your poor sense of judgement sometimes comes as a result of wrong morals you imbibed from your community. For instance, if killing of twins are still been practise today you will not see it as evil but as a good action because this is what you have seen and believed all through your life. You will see twins as evil omen around you. Twins who managed to survive will always see themselves as societal omen, filled with baggage of inferiority complex and self-condemnation.

Today it is possible that you as an individual don’t still see how right it is for women to head any political and religious organizations in your country. This is the tradition that your subconscious mind had been fed with since birth. Subconscious mind is the part of your soul where repeated actions over and over again will go and got stored; then your actions come from there involuntarily. According to collinsdictionary.com, subconscious mind is the part of your mind that can influence you or affect your behaviour even though you are not aware of it. In my culture, up till this time, men are not allowed to shake women’s hands as a sign of exchange of pleasantries; for they are under men’s authority. If a man comes to a gathering where one man is sitting in the midst of ten women, he will shake the hand of the man and the other ten women will bow down for him to tap them at their backs. If he mistakenly shakes their hands, he will go feeling guilty because of his action. The question is, “Why is he feeling guilty? There are no reasonable facts for his feeling guilt over his action other than is a cultural practice that has entered into his subconscious. He is just acting from an internalized erroneous practice.

Therefore, every man acts and judges from the recorded messages in his subconscious mind without given it a rational thought; because these messages had stayed for years and had formed his personality. These messages range from cultural, religious, political, educational teachings recording in a man’s mind since birth. Many of them have no rational backings but we act and judge people from them.

Having known the engine house from which people’s judgements for or against you are coming from, which many a times are devoid of knowledge, you should now be free! Free yourself because almost all people’s judgements for others come from error.

Why come from error?

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a) Man, judges' others actions from his subconscious mind and judges his own action from his conscious mind. Therefore, free yourself from error of others and live a fulfilled life. Have you seen the actions of mobs before? When people hear, "Thief! Thief!! Thief!!!" they don't reason to know the truth of why "Thief! Thief!! Thief!!!" all you will see are people stoning an innocent person. This is the action of the subconscious mind because it has already recorded the message that death is the lot of a thief. But if he hears that himself or any of his relative were called thief, his conscious mind will come to play a vital role. He will start to reason why, how, when, to who, with who, because it now concerns him. Conscious mind is the part of the mind that reasons.

On you own side, if any thought is thrown out from your subconscious mind, please, be free and give it a rational view before you act and judge. Do not be caged by the traditions of your subconscious mind. Today make it a point of duty to judge all the recorded beliefs in your subconscious mind.

b) They don't know you!

How ridiculous is it that you will allow someone who doesn't know the road you are travelling to which only you knew very well to be directing you. No other person knows you except you! Others judgement about you is error pone. In your life affairs only, suggestions are allowed. People can guess, feel, and speak what they think is good for you and make suggestions, is good, but you are the only one that knew better. It is left for you to accept or reject. Giving judgement means final verdict. How then can someone give a final verdict on what he/she does not know, that is madness and accepting the verdict of an ignorant person is madness of the highest order. Until you learn to ignore and be free from people's judgement, you will amount to nothing in life and your destiny will be at stake. Yes, you can't stop people from their acts of giving judgements and also in their acts of trying to take the ownership of other people's life, but you can stop them from making their attempts on you by ignoring their judgements and act from the glorious truths you know about yourself. When you accept other people's false judgement on you, you will definitely lose focus. For Mike Murdock (1996:102), one should recognize that broken focus destroys one's dream. It creates an unending parade of tragedies and disasters in one's life.

You know who you are and only you knew it. The light is in you and on no other. If you allow people without the light to direct you, my dear, you are gone forever. You may say, "If I don't agree with them, they will feel insulted, for they are my parents and my elders." My question to you is this, "What if you agree and lose your God's giving destiny?" There is a way to get out of people's tight corners. Sit them down to educate them if they will agree to listen, but if they will not; never allow yourself to be a victim of their ignorance.

Joe..."They are my parents; they will stop training me if I did not agree to their judgements on my life career." What is good is it for them to be training you on the road to death! Imagine you have the gift and passion of becoming a musician being gifted with melodious voice and your parents are forcing you to go in for medical training to become a medical doctor, only with the erroneous motive of being called Papa and Mama Doctor. Don't you know they are sending you to a land of no return? If you have faith on yourself, even if they fail to train you, there must be a way. The God (the power) in you is able to do what you can't imagine!

People's judgements may be in form of telling you that you are nobody and you will amount to nothing. This may be as a result of the mistakes of your past. It may also be as a result of your physical or mental defeats. Get it right, you have the power of potentiality in you, which is able to do what will marvel you. You were created to produce new versions of you every minute of the day. The new versions of you are always available. You are always metamorphosing, that is the law of creation. Your past is not you; you are

metamorphosing for better. You don't even know yourself; you are more than you can imagine! Live in this mind-set and be totally free from the errors of men's judgements.

NB: Please, don't make the mistake of hasty waving of people's suggestions, take your time to weigh them for they may be on point; for knowledge did not start and end with you; for many people have been on earth before you and may have travelled the road you are about to travel, but never give them headship over your life. Hence, Mill (1974:70) has this to say, "On the other hand, it would be absurd to pretend that people ought to live as if nothing whatever had been known in the world before they came into it. As if experience had as yet done nothing towards showing that one mode of existence, or of conduct, is preferable to another." But also, in spite of the fact that some people have experience more than you, no one knows you except yourself. All they do is to guess who you are! This means that their judgements about you are prone to error.

Freedom from Money

Money is an article for transaction. According to Aristotle, money is merely a medium of exchange (Fagothey 1959:473). It is a means for rendering service. This means that money is your messenger which invariably means it is your slave. Yes, it is. your slave because with it you have many of the things you need for good life. Without money, to be honest, you will not enjoy your life to the fullest. You really need money in abundance. For this reason, you must make it your slave and not you its slave. Being your slave means that it must work for you not vice versa.

This write up "Free from money" is saying that you are already a slave of money and you need to be free. The question is, "How are you a slave to money?" The answer goes this way: All through your life, in whatever you do, money is the end in your mind. All you do, say and think about, is for the sole purpose of getting money. In spite of all these your efforts to get money you can't still get enough! This is because when you get enough you will probably stop serving your master (money). The truth is this, no one will like to free his slave for is possible that if he does, he the master will possibly take the position of a slave and the slave becomes the master. No slave master will freely allow his slave to go. He will give him every necessary reason favourably for the slave to stay, for it is pleasurable to stay at the position of authority especially when the slave is the rightful owner of the seat that the master is sitting upon. This is because the master is aware that any mistake, he makes by letting the slave know his rightful position, power will change hands.

Until the unfortunate slave realizes that he is truly the master and makes the decision that he must leave from his slave labour, he will perpetually remain a slave forever. Every slave lives in lack. This is the law of the universe. How do you think that one day you will be the master of what you serve (money)? Is not possible! You can never get enough of what you serve; no matter how you tried, your end will be to serve (money). The more you intensify your effort, the better slave you become.

All these are the activities going on between man and money. The more man works for money, the more he becomes a first-class slave and can never get enough. The law of the universe is that you can never get enough of what you serve. Only when you turn to be the master, what was formally your master turns to be your slave and now starts following you wherever you go and will be at your command anytime you need his attention. Turn money to your slave and it will follow you at your command! Man, you have served money enough; let find a way out of this slave labour by working on the following rules.

1. Start Rendering Service to Humanity:

Humanity is the master of the universe. He created everything and he owns them all. His command is "whoever serve me will I make the master of all things (Seek you first the kingdom of God and all other things shall be added unto you "Matthew 6:33"). Decide today not to waste your time serving "Paper" called money, is a waste of energy. Let all your efforts be to render service to your fellow human being and you will

start seeing money as your slave, for it is now serving the purpose for which it was designed for. The quality and quantity of your service to humanity is a determinant of the amount of money that will be at your service.

When you determine today that you will not be a slave to paper (money) again, here, comes your freedom. Live to touch lives and you will be free from poverty! Live to put smiles on people's faces and you will have inner fulfilment! Live to feed that poor fellow around your house and the magic of money will fall on your feet! For Okoroafor J. (2018:21), "There is peace and joy when you are in the business of rendering service to humanity, for this is the main essence of being alive." There is a royal decree in the King's house; you are the King, "Whatever you do, turn it into service to humanity and you will command wealth and be free."

With practical example, let us see how this magic works. Take for instance, a local woman who is selling restaurant in her local village. Her aim of starting the restaurant is that she has seen that people all over the village are suffering from malnutrition due to lack of good food. She prepares her food well and when she sees any customer coming, she will say to herself, "thank God I am lucky, I have seen a hungry man to feed." The man will come in, sit down and be served with enough food of good quality; then he will pay with happiness; greet the woman and go. Within few days the news of this woman's service went viral in the village and beyond. Behold every morning all the villagers will gather for her service. She is now serving humanity and in return money is serving her.

Now compare her with another woman who opened restaurant in the same village with the sole aim of making money. When she sees a customer coming, she will say to herself, "I have seen a hungry man who is ready to pay me for any amount I call, for he has no option." She will serve him with small and poor-quality food and the man will manage to eat it with grudges, pay and leave. Soon the news went viral across the village on how she uses her little poor-quality food to extort people of their hard earn money. Behold, now she cooks and no one patronizes her again. That ends her and her business in that village.

These two stories are an explanation of serving humanity and serving money.

2. Be Grateful and at Peace: (The law of gratitude)

When you are grateful with what is happening around you it will condition your mind to be at peace and soon you will receive information on the way forward in multiplying your money; increase your business strategy and you will render service that will attract humanity which will open the floodgate of money towards you. Practice the act of being grateful for all that you receive even if it seems not to be for your favour. Give thanks to God for any amount of money you receive, no matter how small. This life style will enter into your subconscious mind and become part of you. With this mind-set there will be no room for competition and comparison, jealousy, greed, malice or any other acts of wickedness to grow in your mind. You are not meant to serve money for you cannot get enough of whatever you serve! Let money serve you and you will have her enough and be free from her slavery.

Freedom from Relationship

Relationship means companionship. According to Fagothy (1959:365), companionship results from the fact that the two people in relationship are ideally suited to each other. This is the most wonderful treasure you will ever have on this planet earth. Every man or woman on this planet earth longs for companionship (a lover). It is really a wonderful experience but it can also be so devastating if not properly handled. This write-up is for those who are ready for any kind of relationship simply because they are afraid of being alone. They feel that they needed others to be happy. This has made them to accept any trash in the name of being in relationship. They believe they are broke when not in relationship and they needed someone to be complete. No, is not true, relationship is a gift as well as singleness, only if you know how to manage them. You must develop a mental strength to the extent that you don't need another to be happy. You are as happy as you are whether anybody is there or not. The question is, how possible is it?

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1. Appreciate yourself (see the best in you)

For you to be happy, you must first appreciate yourself, your being. Every moment, take time and celebrate yourself. Love the way you are and who God made you to be. When you start taking time to celebrate your person, everything about you will start putting themselves in place. This is the magic of being happy. With this wholeness, if you are not in relationship, the right person will soon come and if you are in a broken relationship the healing will start and be completed.

At this moment the universe is out to work, for you are now at the centre of the magical world. This means that you are a whole being that needs no one for completion but rather others need you for you have turned to be a blessing to humanity. At this point, the universe will then bring good people around you because you are whole, ready to give and not to collect. Until you are whole, you are not ready and fit for relationship. This is because any relationship you enter, you will turn to be a parasite ready to devour.

2. Capture a Vision

For you to be whole (free from relationship) you must have what will feed the relationship. Vision is the substance of relationship. As water is to the human body for functioning, so is vision for healthy relationship. What then is vision? Vision is the act of understanding your reason for living; move on in actualizing it and be a blessing to the world. For Mike Murdock (1996:8), you are a solution to somebody. It is the work that the creator of the world assigned you to come and do on earth for the sake of blessing humanity. Take time and ask yourself the following basic questions of life:

- 1) Why I am here on earth?
- 2) What are my gifts to humanity?
- 3) What do I have passion doing?
- 4) What problems in my neighbourhood that I believe I can solve?
- 5) What is that problem that irritates me that I want to see being given solution to?

Until you answer these questions and make moves in actualizing something tangible with your life, you will definitely be broke. You can't be whole when you have not started rendering service to humanity. If you don't have a vision for your life, what are you entering into relationship for? Maybe you want to go and disturb someone that is already whole and out there enjoying his or her life or maybe you want to go and compliment a broken person like you which will end in catastrophe. My message to you today is, you don't need a relationship to be whole, what you need is vision and all other things will be added unto you, including good relationship. Are you into broken relationship, my advice to you is, capture a vision and the healing will be automatic.

How can you be broke (empty) financially, psychologically, morally, socially, spiritually, and academically and still dreaming of a healthy relationship! Seek you first the kingdom of God and its righteousness and all other things shall be added unto you (Matthew 6:33)

3. Seek Knowledge:

Knowledge is power says Francis Bacon. According to J.D. Hasset and Co (1953:28), knowledge is defined as "an awareness of ourselves in our activities." A little boy disturbing Socrates for the whole day, with the intension that he wants to have knowledge, learnt it this way: Socrates took him to a big river and held him down inside the river to suffocate. Upon releasing him, Socrates asked him, "What do you need most when I held you down the river? The little boy answered, air is all that I needed at that time. Socrates said, until you

seek knowledge the way you seek for air at the moment of your suffocation, you won't get it. Hence, Socrates says, "Man, know thyself!"

Do you want freedom from relationship; seek knowledge more than you seek for air upon suffocation! Consciously, seek knowledge on the revealed world of God, psychology and philosophy of human relationship and development! Read books on temperament. Temperament means inherent traits that make you act the way you act. Engage your time in reading creative literatures and consciously make friends with men of universal knowledge and outstanding wisdom.

Any human relationship and development knowledge you acquire is making a step to your freedom. Knowledge will make you to know that singleness is a gift and not a curse! Knowledge will make you to understand why your relationship is on the verge of collapsing and how to cure it! Wisdom is the principal thing; therefore, get wisdom: and with all thy getting get understanding (Proverb 4:7). That you are single does not mean you are broke, not complete. No, that you are single means that you are whole (complete) and only looking for another person to compliment with. So do not enter into any trash in the name of relationship because you want to be whole (complete).

Live your Whole Life

When you are free, everything is possible! Now nothing is holding you back, you have no limited beliefs, you have 'no past' witch hunting you, no regard to people's judgement, no more working for money rather money is working for you and you are now a whole person needing no one in order to be happy. Guess what! You can do all things now! You are called to live your "whole" life but the question is: How?

1. Give a Truest Expression of Yourself:

When the creator is about to create you, he has something in mind. He created you with an intension. There was a problem he saw before creating you that made him to package you in such a way that you have everything you need to give a solution to that problem. Solving this problem is all you come to do on earth; any other thing is secondary and sometimes a distraction. Therefore, giving the truest expression of yourself is getting to know these problems you were called to solve and be committed in solving them. For Descartes, God endows the human mind with innate ideas, a priori truth, for solving the problem he is called to solve (Jerry Obi-Okogbuo (2007:101). This truest expression of you is rendering service to humanity. I believe you know how to locate these problems (your purpose on earth) or probably you have located it. If you have not, go back to 6 "Free Yourself from Relationship," answer the questions on how to locate your vision there; you will definitely get to know the areas of your calling.

2. Start Doing Something:

Bend down, get your hand dirty; start doing something and you will live your whole life. Live to make sure that all your creator's intention of creating you is accomplished. This is giving out the truest expression of you. With this you will have the purest form of joy.

3. Success is a Process not a Destination:

Success is not about the amount of money you have. It is not on the quantity and quality of the material things you have, but is in living each moment giving the truest expression of you (Oprah Winfrey). Here, comes the purest joy you need which is the mark of true success. Joy comes anytime, any moment you decide to render service to others. Here, you have the highest fulfilment because you are touching lives. Success is a process and not a destination. For the fact that you are in the process of touching lives, rendering service to humanity, each moment be filled with joy for that is the purest expression of your life. Hence, you are living your "whole" life.

4. Decide to be Happy:

Decide to be happy each moment, for there is no destination you will reach, no accomplishments you will get, where joy is standing still waiting for you. We make the mistake of thinking that joy and happy life are based on what we acquire which has led many to endless struggle. It is a game of chasing the wind! Happiness (eudemonia) is a decision according to Aristotle and is the end of life. To substantiate the value of Happiness, Okoroafor and Chukwu (2022:33) have this to say, "Human actions should aim at its proper end which is happiness, although everywhere people aim at pleasure, wealth, and honour." Make the decision today, at this moment, to be happy and that is all. All that you are struggling to get in life is because you want to be happy, is good but get it right, "until your intention of getting them is right, you won't be happy. Let the intension be for the sake of rendering service. Try, struggle, set goals, but remember that happiness does not base on your accomplishments but on your decision to be happy irrespective of what you have or not have. Get the understanding that material things are not your guarantee for happiness because one day they will either leave you or you will leave them.

5. Leave Legacies:

This is the combination of giving a truest expression of you and expressing of the purest form of life. Legacy is not based on the amount of material things you have which you will leave behind upon your leaving the earth but it is in the number of lives you touched and which your legacies will continue to touch years when you must have gone (Oprah Winfrey). Live on vision, live to render service; let your works, businesses, career, profession be an act of rendering service to mankind. Having this mind-set means that your legacies will be uncountable. Your memories will not be erased on the minds of people till eternity. This is the real form of leaving immortality on earth.

Have you been opportune to be close to people on their deathbed experience? You will come to understand that at this moment material things make no meaning to them anymore. For them, those lives they touched and which their legacies will continue to touch when they might have gone is their only consolation at this moment. For them that all through life have been busy chasing money to the pains and deaths of others, these their accumulated wealth is their agony at this moment. Today live to leave the real legacy and immortalize your existence! Everything is vanity upon vanity except the help you rendered to others!

Conclusion

Freedom is the substance of human existence. Everyone under this blue marble planet earth must secure his or her freedom if he or she is to flourish and have a fulfilled life. Everything around man is always fighting to take control of his freedom. They wear different colors inform of limited belief system, regret of past deeds, other people's erroneous judgment, relationships, money, government policies, etc. Get it right, all you need to become a victor over these your opponents is knowledge of who you are. Therefore, you must get yourself acquainted with the following facts:

- You are a potential being, always having an inner version of yourself all the time. Therefore, you should not limit yourself based on your present situation.
- You must know that people's judgments are error prone, for they see and judge from the floor-gate of guess work, no one knows you better other than yourself.
- You must question your past belief systems so as to learn, unlearn and relearn.
- You must now that you don't need anyone to be whole and happy. Therefore, free yourself from toxic relationships.

- You must know that money is an article meant to serve as a means of transaction in business. Therefore, use money for what it is meant for, as a means of making your talents and vision available to humanity.
- You should also know the limit of your freedom and that of others to avoid excesses.

Having known these facts, this work has equipped you to live your whole life to its fullest by being happy always, getting your hands to do things worthwhile, knowing that success is a process and not a destination, leaving legacies to your generation and next and finally enjoying the truest expression of yourself.

Recommendations

1. Freedom being the substance of human existence, this work, recommends that our education system globally should see to it that during the drafting of their curriculum, freedom imprint should be seen in the whole system.
2. Parents and guidance of young people should understand the intricacies of the human person. They should know that man is an unfinished product packed with a lot of potentialities. Therefore, they should not judge their children with the limited view of the present abilities they have.
3. Singleness is wholeness; no one can make you happy or give you the full expression of yourself; only you can. Based on this understanding, this work, therefore, recommends that in some cultures where the concept of marriage is seen as a mark of achievement should be done away with.
4. Freedom is productivity. The government should know that the economy of their nation lies on the amount of freedom that her people exercise. This work, therefore, recommends that the government of every nation should make the exercising of her people's freedom sacrosanct in her constitution.
5. Money is an article for transaction; it is a means through which people make their talents and visions available to humanity. It is a means to an end and not an end in itself. Hence, this work, recommends that the government, religious organizations, non-governmental organizations (NGOS) etc. should serve as agents of this massive and urgent campaign to the populace.

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