

# Indicators, Statistical Analysis and Solution of Problems Related to the Rehabilitation of the Elderly in "Saxovat" and "Muruvvat" Houses

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**ABSTRACT:** In the article, the author conducted a scientific analysis of statistical data on the indicators of the rehabilitation of the elderly in the "Saxovat" and "Muruvvat" houses in the Republic of Uzbekistan. He also gave scientific practical suggestions on the problems and their solutions in the rehabilitation of the elderly in the "Saxovat" and "Muruvvat" houses.

**KEYWORD:** social services, "Saxovat" and "Muruvvat" boarding houses elderly people, elderly people alone, elderly people living alone, rehabilitation, sociological analysis, pension, pension, agency, regulation, need population category.

In Uzbekistan, attention is always considered to the elderly, who have fallen into a difficult life situation due to their stutter, loneliness or disability, and who are eager to help others. Psychologists, medical personnel, lawyers actively participate in integrative activities in the provision of social services to them, restoration of Health, Rehabilitation and adaptation of them to suitable living conditions.

Article 6 of the law "On social services for the elderly, disabled and other socially needy categories of the population of the Republic of Uzbekistan" adopted on December 26, 2016 defined as "single elderly and elderly people in need of the care of the population, disabled children of I and II groups, citizens with disabilities and limited treatment capacity, persons suffering from social".

To the agency system "Saxovat" and "Muruvvat" boarding houses, the National Center for rehabilitation and prosthetics of persons with disabilities, the Republic of Karakalpakstan for persons with disabilities, regional rehabilitation centers of Regions and Tashkent city, sanatoriums and boarding houses for veterans of war and labor, the Republican medical and social expertise center and its regional divisions, the Republican rehabilitation center for assistance to victims, the fund for supporting the activities of boarding houses "Saxovat" and "Muruvvat", which are not considered legal entities under the Ministry of Health, and the funds for support of persons with disabilities are included [2].

Currently, in Andijan region of the Republic of Uzbekistan there are 4 "Muruvvat" and "Saxovat" houses and 1 rehabilitation center for persons with disabilities, "Muruvvat" house for 2 adults in Bukhara region, 1 "Muruvvat" house in Jizzakh region and 2 sanatoriums of veterans of war and

labor and 1 rehabilitation center for persons with disabilities, "Muruvvat" house for 1 adult in Kashkadarya Region, 1 Center for rehabilitation of persons, in the Republic of Karakalpakstan 2 units of "Muruvvat" house 1 units of the sanatorium of veterans of war and labor and 1 persons with disabilities rehabilitation center, in Navoi region 1 units of "Muruvvat" house and 1 persons with disabilities rehabilitation center, in Namangan region 1 units of "Muruvvat" house, 1 units of "War and labor veterans sanatorium and 1 persons with disabilities rehabilitation center, house "Muruvvat", house "Saxovat", sanatorium of veterans of war and labor, rehabilitation center of persons with disabilities, 2 units of "Muruvvat" house in Syrdarya region, 2 units of "Muruvvat" house in Surkhandarya region, 1 unit of "Muruvvat" house in Tashkent region, 1 unit of "Saxovat" house, 1 unit of sanatorium of war and labor veterans and 1 unit of rehabilitation center of persons with disabilities, 3 units of "Muruvvat" house in Tashkent city, 2 units of sanatorium of war and labor veterans house, 1 "Saxovat" house, 1 war and labor veterans sanatorium, rehabilitation center for persons with disabilities, in Khorezm region, 1 "Muruvvat" house and 1 rehabilitation center for persons with disabilities are operating in the system of the agency for the development of medical social services in the Republic of Uzbekistan [3].

President in the decree "On social support of the elderly and persons with disabilities" signed by Sh.Mirziyoyev on March 25, 2021, "on the further development of the system of boarding houses "Saxovat" and "Muruvvat", several mammas were mentioned in the provision of social services to the elderly and persons with disabilities. In particular, "at the same time, shortcomings and problems in the activities of medical and social service institutions are hindering the effective solution of tasks aimed at further improvement of the system of social assistance of the state to the elderly and persons with disabilities. Specially:

firstly, the system of effective management of provision of medical and social services to persons taken under state care in boarding houses "Saxovat" and "Muruvvat" has not been sufficiently formulated;

secondly, the prevention of disability and the quality of medical and social rehabilitation service is not to the extent necessary;

third, a number of problems remain in the state of the material and technical base of medical and social institutions to create favorable conditions for the elderly and persons with disabilities;

fourth, the system of material support for the employees of medical and social institutions does not meet today's requirements;

fifth, spiritual and cultural activities in medical and social institutions are not organized systematically;

sixth, the quality of medical and social rehabilitation measures and psychological support provided to victims of human trafficking is inadequate"[4]. This means that the lack of manpower as the main problem in the management system of "Saxovat" and "Muruvvat" houses in the agency system can come to pass. The directors of the houses "Saxovat" and "Muruvvat" and their seats are made up only of doctors. Doctors have focused mainly on the restoration of the health of older people living in the homes of "Saxovat" and "Muruvvat", arguing that issues related to their social problems and social adaptation in their lives are not included in their task. Together with the treatment of cakes in the boarding houses "Saxovat" and "Muruvvat", a social portrait of each age of glory was formed, and when social services were also carried out to them, it would be possible to return them to a socially active life.

In sanatoriums, the number of healthy elderly and persons with disabilities has increased by 43 thousand people by 20 percent, the number of basic food and hygiene facilities provided free of charge to the elderly and persons with disabilities in need of other people's care has increased by 15

The list of prosthetic-orthopedic items and rehabilitation technical means, which are given free of charge to persons with disabilities, has been increased from 22 to 27 times[5].

One of the achievements in social services in Uzbekistan is the understanding and reflection among the population about social workers providing social services to the population. In particular, in the National University of Uzbekistan, Fergana, Samarkand, Gulistan, Bukhara state universities are preparing qualified specialists providing social services in the direction of social work, in these higher educational institutions annually about five hundred specialists of social work are preparing. If the issue of recruitment of these graduates to the "Saxovat" and "Muruvvat" homes was positively dealt with, there would have been a solution to the shortage of personnel. If the implementation of these measures increases the prestige of social service providers on the one hand, then on the other hand, they can serve to improve the quality and efficiency of providing social services to the elderly who are being relished in the "Saxovat" and "Muruvvat" houses.

The above information shows that in the present day in our country, the sphere of providing social services to the elderly is not yet fully equipped with sufficient professional personnel, because of the low wages paid to social workers, social workers are often engaged in two different types of labor activity at the same time. In addition, in "Saxovat" homes, cases of "emotional burn syndrome", which is often encountered by customer service providers during the activities of social service providers to the elderly, are encountered. A great responsibility for the health and life of their clients in providing social services to the elderly will depend on such characteristics as the long-term preservation of negative emotions, such as pain, burns and anger. Social service clients die because of their age of glory or disability and this affects the responsibility of social workers and cause them to have a feeling of dissatisfaction with their profession in the future.

In such situations, the "agency for the development of medical and social services" should also organize emergency social rehabilitation centers for social workers, where they should receive advice of a professional psychologist and even focus their attention on the introduction of special complex treatment courses for the purpose of self-rehabilitation.

In conclusion, it should be noted that the demographic situation is changing, the environmental situation in our country is becoming more complicated, the risks of epidemic and pandemic are increasing, and the need to raise social services to the level of modern requirements, problems in the sphere of provision of Social Services always arise. In order to solve these problems in a timely manner, it is necessary to constantly improve the system and regularly monitor the activities of "Saxovat" and "Muruvvat" houses, and to use sociological research and carry out scientific research work to identify the problems that arise, and once again confirm the necessity of finding and solving each identified problem scientifically.

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