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# Modern Methods of Teaching Adolescents a Second Language

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**ABSTRACT:** This work is devoted to highlight modern methods of teaching children in adolescence a foreign language. The article describes tasks facing the teacher in connection with the psychological characteristics of adolescent children. The descriptions of the most optimal methods that can be implemented when teaching children of the indicated age are given.

**KEYWORD:** Adolescence, teaching method, active learning, interactivity, material presentation

Adolescence is a period in everyone's life that is accompanied by misunderstandings and reflections. At this stage of development, according to psychologists, you can already talk with adolescents as with adults, referring to their minds, but at the same time you have to repeat the same thing several times, as in communicating with children. Adolescence is a difficult age, where it is easy for parents to lose contact with their children, to enter into unproductive conflicts. On the other hand, the lack of parental exactingness - connivance - is fraught with future problems. Considering the fact that teenage children are usually schoolchildren and they spend one third of the day in the classroom, a great responsibility falls on the shoulders of teachers. Teachers have to not only teach, but also arouse the interest of their students of this age, make friends with them, sometimes compromise, be more loyal, without requiring the strict fulfillment of a particular task. You need to understand that they seek to make independent decisions in order to convince you of the seriousness of their intentions and that they are old enough to make a choice. Not all of them agree with the traditional point of view that it is important for them to know all the subjects studied at school and the teacher is always and in everything right. Since adolescence is a difficult age, they object to the imposition of something from the outside and are ready to fight for their freedom. Statistically, most people who think that math is incomprehensible to them abandoned it in their teens. Hence, we can conclude that at this age, the brain of an almost adult person chooses between what is interesting and easy for him, and what is difficult but useful. Why is math considered unbearable? Is the Ministry of Education providing benefits and a plan that may not be appropriate for the abilities of an 11-year-old student? Unfortunately, this is not their fault, which is usually the excuse for high school teachers. The traditional teaching method, the outdated technology used by the teacher, the tense atmosphere - all this puts pressure on the student, and the desire to learn disappears. But this is mathematics, numbers, and not everyone is lucky with exact science. However, you should not think the same about foreign languages, and assume that only children "talented for languages" are able to learn them. Any foreign language is native to someone, just like Russian or Uzbek is for us. And somewhere there is always an environment where people speak, think, communicate, read in this language. It remains only to present this to adolescent children in order to simplify the process and let them decide for

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themselves why they need the language and where it can be useful. After that, you can already move on to teaching methods and lesson planning. There are many different methods to learn a foreign language, but choosing the best ones is not easy. In this article I will describe the best, in my opinion, methods of teaching English.

#### Schechter's method

The language learning method is special, as its creator claims that you need to learn English the same way you learn your native language. The technique implies interactivity, active learning, various game forms. This English learning system uses human emotions to better memorize material - this is how children memorize their native language.

It is worth noting that many famous personalities of the world learned a foreign language using the Schechter method.

When teaching this method, much attention is paid to the mental state of a person. It becomes more important than the very form of presentation of the material. This method of teaching English is good in that it strives to present knowledge only in a friendly, warm, positive atmosphere. Any tension, any fatigue, clouding of consciousness should not be present in the classroom.

Teaching is based on encouraging the student to start talking in English in their own words, without using the phrases learned in the textbook. Often, students are asked to express their opinion on a particular issue, thereby developing thinking in a foreign language and expanding vocabulary.

This is a great option if you choose English courses for teenagers - game forms of learning are more suitable for them.

#### Pimsler's method

Another modern method of teaching English, which has become quite popular in the world. The method proposed by Pimsler is based on listening to dialogues on various topics. Dialogues are voiced by native speakers. The translation is also sounded, and various explanations and additions are offered to each topic, deepening knowledge.

There are various methods of learning English, but only this technique uses a way of developing memory, which is officially patented.

Pupils listen to dialogues by repeating spoken phrases. Then another part of the dialogue follows, with new explanations and additions. Students repeat the first and second parts - such multiple repetitions make them memorize foreign words and phrases. With each new part of the dialogue, the words become more and more diverse and the entire text has to be repeated from beginning to end with a large time interval - this is the basis of the modern method of teaching English.

### Rosetta Stone's method

If you are considering different ways of learning English, then you should pay attention to the Rosetta Stone method. This program is suitable for those who are learning a foreign language from scratch. The complexity builds up gradually.

### Features of the method:

Flash method: somewhat similar to mastering the native language - the student repeats phrases, words and expressions many times, immerses himself in the environment of the English language, creates various images and associations. The most necessary constructions are learned automatically.

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- ➤ No translation the course uses translation-free methods of teaching English. Associations are used instead of translation.
- > Simulation of situations: in the course of learning English, various possible situations from life are created. The student, passing them, replenishes his vocabulary, syntax. Learning English grammar is another plus of this method.

### Stanislav Myller's method

It's not often that linguists develop techniques faster. This is a kind of increase in performance with less fatigue.

If you choose methods of learning English based on motivation in self-development, the Stanislav Myller methodology will suit you - during the training, tasks are performed to develop imagination and thinking for easier mastering of the language.

### Alexander Dragunkin's method

In our opinion, the best method of learning English, which helps to start talking and build sentences from the very first lessons. Dragunkin simplified the rules, removed complex cumbersome formulations, structured the entire language - choosing the methods of learning English, you will quickly understand all the advantages of courses according to the method of Alexander Dragunkin.

Own terminology, way of presenting the material, well-formulated rules, for example, using irregular verbs or articles. Dragunkin combined words into various groups according to common characteristics, and also found connections between the identified groups - thereby simplifying learning. The Dragunkin English language learning system is a simple, logical way to learn a language.

Simplification, systematization, competent presentation - all this speeds up the assimilation of new knowledge at times. So, for example, the main English course on Dragunkin in Minsk lasts 4 months, if you study it 2 times a week.

The technique is intended both for beginners to learn English and for those who already have some knowledge. These are the optimal English courses for adults and teenagers.

When deciding where to start learning English, first choose the method that suits you best. Now in the world there are many ways to learn a foreign language, there are various systems, forms, methods - if you have a real desire to get new knowledge and use it in practice, it is so difficult to do it.

The atmosphere you create in the audience is equally important. The English room should be different compared to other rooms. In it, the rules must be English. Children need to feel like a member of the English family or society: to learn the culture, history and literature of the British kingdom. Get acquainted with the beliefs and worldview, art and music, national costume and traditional dance of the English people. Thus, an English lesson will become a "recreation area" for teenagers, where they are able to develop skills and self-actualize.

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